Town of Kindersley

Agenda No. 4.5.1. Resolution No. 217-10 Date: 26 Jul 2010

Moved by Councillor [Signature] Seconded by Councillor [Signature]

That the Council of the Town of Kindersley hereby declare September 27 to October 3, 2010 as Senior’s Week. This week includes the International Day of Older Persons, which is on October 1, 2010.

AND

It is also declared that September 19 to 25, 2010 is Special Care Home Week.

Result of Vote: ☑ Carried ☐ Defeated

For:

Against:

Pecuniary Interest Declared:

Certified a true copy of Resolution No. 217-10 passed at the regular meeting of Council held on the 26th day of July, 2010.

Dated this 27th day of July, 2010

[Signature] Administrator
...Get in Touch

Write to us or fax us about your events. We will publicize them on our web page.

Tell us about your:
1. Creative events
2. Whole community events
3. Learning or “issues” events
4. Intergenerational events

You are never too old to set another goal or to dream a new dream.
— Lao Tzu

Contact:

Saskatchewan Health
3475 Albert Street,
Regina, SK S4S 6X6

Telephone: (306) 787-1509
Fax: (306) 787-7095

Or visit the Saskatchewan Health Web site at www.health.gov.sk.ca

Your special events will make this celebration a success and show how important Seniors are every day in every community.

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Involve as many people as possible.

Work with other groups.

Schools
Youth groups
Service clubs
Other seniors groups
Churches
Museums

Use everyone’s skills and ideas.

Have a:

Fashion show
Theme party
Intergenerational “cook-off”
Talent show with a box lunch
Display of the past
...and, and...

Get involved in issues.

Have a speaker or a forum on such topics as:

Prescription costs
How much exercise is enough?
Seniors’ housing
Seniors and the law
Family caregiving

Remember that small can be beautiful.

Your event should not be work and worry. It should be fun and revitalizing.

Talk up this special week.

Put your event in the local newspaper, on the radio or on TV. Get on a talk show.
Take lots of pictures.

Be creative and learn something new.

Hold a Seniors’ Olympics
Create a community garden
Have a Tai Chi workshop
Host a pancake breakfast
Organize a garden tour
Set up a paperback exchange