



Email: heartland@hrha.sk.ca
Website: www.hrha.sk.ca

HEARTLAND HEALTH REGION

Health Services in Kindersley and Surrounding Area



- In the event of an Emergency

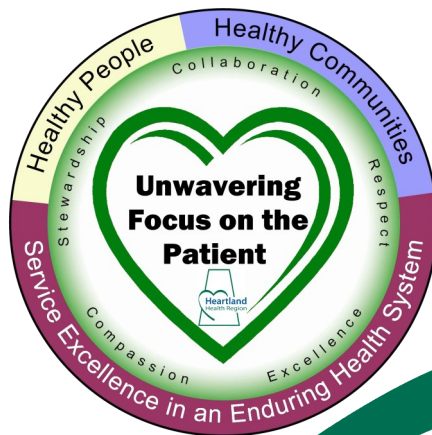
CALL 911

- For professional health advice

Call HealthLine at 811 or online at www.healthlineonline.ca

- To contact the Kindersley Integrated Health Care Facility

Call 306-463-1000



May 2017



HEARTLAND HEALTH REGION

*Healthy People, Healthy Communities,
and Service Excellence in an
Enduring Health System*

911:

Local EMS or a neighboring EMS unit will be immediately dispatched and will transport you to the nearest facility providing emergency services while providing the emergency care you need.

HealthLine 811:

You will speak to a Registered Nurse regarding non-emergency health questions. They can also provide advice and help you to decide if you should call 911 to access an ambulance or go to the nearest hospital emergency room.

Physician Services:

Physician services are provided at the KINDERSLEY CLINIC. The Kindersley Clinic is open Monday – Thursday from 0830 to 1700 and Friday from 0900 to 1700. For an appointment please call 306-463-2621. The public is urged to seek non-emergent care at the clinic.

Emergency Room Services:

The emergency department of the Kindersley Integrated Health Care Facility (KIHCF) is staffed with trained Registered Nurses who have access to an on call physician 24 hours a day and are able to provide emergency assessment and stabilization services.



Outpatient Services:

The KIHCF provides outpatient services. Outpatient services are typically anticipated or scheduled and require a physician order. i.e. dressing changes, suture/staple removal, or medication injections/infusions.

Diagnostic Services:

Laboratory and X-ray services are available at the KIHCF Monday through Friday from 0800 to 1700 as well as after hours for emergencies as required. Ultrasound services are also available by booked appointment.

Acute Care Inpatients

The KIHCF offers inpatient services for medical, obstetrical and surgical care patients. The facility offers services for 26 beds with 24 hour RN coverage.

Kindersley Clinic

Phone: 306-463-2621

Fax: 306-463-4101

Kindersley Integrated Health Care Facility

1003-1st St W

Kindersley, SK S0L 1S0

Phone: 306-463-1000

Fax: 306-463-1117

Heartland Health Region

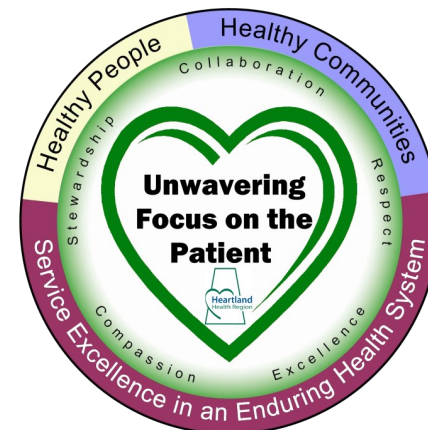
Corporate Office

Box 2110, 301 Centennial Drive

Rosetown, SK S0L 2V0

Phone: 306-882-4111

Fax: 306-882-1389



Community Inclusion Support Services

Community Inclusion Support Services provides support services to clients who have intellectual challenges and work with clients and families to obtain the supports and respite they need for clients transitioning from school into the community. The Program Coordinator is headquartered in Unity and can be reached at 306-228-2666

Speech Language Pathology

An Early Childhood Speech Language Pathologist (SLP) provides services to children from 0 to school entrance. The SLP is headquartered in Rosetown and can be reached at 306-882-6413

Pharmacy

In some instances, your local pharmacist may have the ability to extend your refill or provide an emergency supply of prescribed medications. Community pharmacists have the ability to prescribe certain medications for specific minor ailment conditions, including: Minor acne, insect bites, cold sores, allergic rhinitis, oral thrush, diaper rash, and canker sores.



Pathway To Wellness

Pathway to Wellness is a partnership program between Heartland Health Region, Pathway to Wellness community group and The Town of Kindersley that takes place in the West Central Events Centre. Pathway to Wellness provides a supervised, comfortable and safe approach to physical activity for people with varying levels of health and fitness. For more information or to register for programs, call 306 882-4111 x 2208.



Obstetrical Services

If you are expecting please discuss your options for delivery with your family physician.

Community Oncology Program of Saskatchewan (COPS)

COPS is a program of the Saskatchewan Cancer Agency coordinated by the Saskatoon Cancer Centre in partnership with Heartland Health Region and is available at the KIHCF. COPS centres have nurses and pharmacists who are specially trained in providing cancer care. The cancer physicians (Oncologists) have responsibility for the overall management and prescribing of treatments, thus as a patient you are required to have a referral from your Oncologist to receive treatment (chemotherapy and/or supportive) at the COPS centre.



Home Care Services:

Home Support Services are available 7 days/week in Kindersley and area and Home Care Nursing services are available 5 days/week. Wellness Clinics are also held in a variety of locations in Kindersley approximately twice a month. To arrange Home Care Services or to book a Wellness Clinic appointment contact the Client Care Coordinator at Kindersley Home Care 306-463-4944.

Volunteer Services:

Access to Volunteer services (volunteers for meals on wheels, drivers for clients to appointments) is available through the Volunteer Services Coordinator at the KIHCF 306-463- 1000



Long Term Care Services:

KIHCF has 79 long term care beds (including respite and palliative care). For inquiries/assessments please call the Client Care Coordinator at 306-463-1000

Occupational Therapy and Physiotherapy Services:

A Physiotherapist, Occupational Therapist and Community Therapy Aide provide therapy services Monday to Friday from 8 am to 4:30 pm at KIHCF. To book an appointment please call 306-463-1000 on Tuesdays, Wednesdays or Thursdays.



Dietitian Services:

A Dietitian is based at the KIHCF 5 days/ wk and provides scheduled clinic days in Eston, Eaton and Kerrobert. A Diabetes Nurse Educator is also available at KIHCF and also travels to Kerrobert. For appointments please call: 306-463-1000

Mental Health and Addiction Services:

In the KIHCF a Community Mental Health Nurse provides services to clients with chronic mental health illnesses, Adult and Child & Youth Counselors provide individual counseling services, Addiction Counselors and the Youth Outreach Worker provide alcohol, drug and gambling counseling. To arrange for an appointment the toll-free Centralized Intake Line for Mental Health and Addictions: 1-866-268-9139.

Podiatry

On each Tuesday of the month, the Advanced Foot Care Nurse provides services on an appointment basis. For appointments, please call 306-882-6413.



Public Health Services:

Public Health Nurses and an International Travel and Public Health Nurse are located in Kindersley. They provide child health clinics throughout the month in the facility as well as providing clinics and immunization services in the schools and community of Kindersley, Eaton, Eston and surrounding areas. The Public Health Nurse is also available upon request for prenatal, postnatal and breastfeeding support. The Public Health Inspector is also based in the KIHCF and does regular visits to restaurants, businesses, water plants, pools, etc. covering the Kindersley Public Health Services Area. Please call 306-463-1000 for public health services.

Autism Services

The Region employs an Autism Spectrum Disorder Consultant and two Autism Support workers who provide services to children with autism spectrum disorders from age 0 to 18 years for the entire Region. The Consultant is headquartered in the Region's Unity Sub Office. To contact the Autism Consultant please call 306-228-6330.

Dental Health Educator

There is a Dental Health Educator for the region located in Rosetown. She is presently involved in a prevention program doing fluoride varnishes and sealants on children who have been identified as at risk for future dental caries. For further information on these or other dental prevention programs, please call 306-882-6413.



Kids First Community Developer

The Region receives funding from the Ministry of Education's Kids First Program to employ a Community Developer. The Community Developer works with community members to provide services to families of young children such as literacy programming and Family Resource Centres. The Community Developer has an office in the KIHCF and can be reached at 306-463-1000.